

# RELEASING ANY ISSUE

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**Say this statement 3 times out loud while CONTINUOUSLY tapping on the top of your head at the crown chakra and say it a 4th time while tapping on your chest at the heart chakra. Say each word deliberately. They are not just words but a vibration that you are initiating to shift energy. Pause after each word. Say it in a commanding but even tone.**

Fill in each blank with the same name for each statement.

"I declare myself a surrogate for humanity; in doing these taps; in all moments."

"I release forfeiting my happiness for \_\_\_\_\_; in all moments."

"I release putting \_\_\_\_\_ before my happiness; in all moments."

"I release being sabotaged by \_\_\_\_\_; in all moments."

"I release being hated by \_\_\_\_\_; in all moments."

"I release hating \_\_\_\_\_; in all moments."

"I release being affected by \_\_\_\_\_; in all moments."

"I release being targeted by \_\_\_\_\_; in all moments."

"I release being \_\_\_\_\_'s enemy; in all moments."

"I release being enslaved by \_\_\_\_\_; in all moments"

"I release enslaving others due to \_\_\_\_\_; in all moments."

"I withdraw all my energy from \_\_\_\_\_; in all moments."

"I extract all of \_\_\_\_\_ from my auric field; in all moments."

"I extract all of \_\_\_\_\_ from my body; in all moments."

AWAKEN TO YOUR OWN EMPOWERMENT

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"I extract all of \_\_\_\_\_ from my home; in all moments."

"I extract all of \_\_\_\_\_ from my career; in all moments."

"I extract all of \_\_\_\_\_ from all my relationships; in all moments."

"I remove all vivaxes between myself and \_\_\_\_\_; in all moments."

"I remove all tentacles between myself and \_\_\_\_\_; in all moments."

"I remove all engrams that \_\_\_\_\_ has put on me; in all moments."

"I remove all programing and conditioning that \_\_\_\_\_ has done to me; in all moments."

"I send all energy matrixes into the light that support or perpetuate \_\_\_\_\_; in all moments."

"I remove all the claws of \_\_\_\_\_ from my beingness; in all moments."

"I remove all forms of control and all control devices that \_\_\_\_\_; inserted in me; in all moments."

"I recant all vows and agreements between myself and \_\_\_\_\_; in all moments."

"I remove all curses between myself and \_\_\_\_\_; in all moments."

"I remove all blessings between myself and \_\_\_\_\_; in all moments."

"I sever all strings, cords and wires between myself and \_\_\_\_\_; in all moments."

"I dissolve all karmic ties between myself and \_\_\_\_\_; in all moments."

"I remove all the pain, burden, limitations illusion of separateness that \_\_\_\_\_ has put on me; in all moments."

"I remove all the pain, burden, limitations and illusion of separateness that I have put on all others due to \_\_\_\_\_; in all moments."

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"I take back all the Joy, Love, Abundance, Freedom, Health, Success, Security, Companionship, Creativity, Peace, Life and Wholeness, Beauty, Enthusiasm, Contentment, Spirituality, Enlightenment, Confidence, Family, Intellect, the ability to discern, and Truth that \_\_\_\_\_ has taken from me; in all moments."

"I give back to all others all the Joy, Love, Abundance, Freedom, Health, Success, Security, Companionship, Creativity, Peace, Life and Wholeness, Beauty, Enthusiasm, Contentment, Spirituality, Enlightenment, Confidence, Family, Intellect, the ability to discern, and Truth that I have taken from them due to \_\_\_\_\_; in all moments."

"I release resonating with \_\_\_\_\_; in all moments."

"I release emanating with \_\_\_\_\_; in all moments."

"I withdraw all my energy from \_\_\_\_\_; in all moments."

"I strip all illusion off of \_\_\_\_\_; in all moments."

"I remove all masks, walls, and armor from \_\_\_\_\_; in all moments."

"I collapse and dissolve \_\_\_\_\_; in all moments." (only for ideas NOT PEOPLE)

"I release resonating with \_\_\_\_\_; in all moments."

"I release emanating with \_\_\_\_\_; in all moments."

"I extract all of \_\_\_\_\_; from my Sound Frequency; in all moments."

"I extract all of \_\_\_\_\_; from my Light Emanation; in all moments."

"I shift my paradigm from \_\_\_\_\_ to Joy, Love, Abundance, Freedom, Health, Success, Security, Companionship, Creativity, Peace, Life and Wholeness, Beauty, Enthusiasm, Contentment, Spirituality, Enlightenment, Confidence, Family, Intellect, the ability to discern, and Truth; in all moments."

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"I am centered and empowered in Joy, Love, Abundance, Freedom, Health, Success, Security, Companionship, Creativity, Peace, Life and Wholeness, Beauty, Enthusiasm, Contentment, Spirituality, Enlightenment, Confidence, Family, Intellect, the ability to discern, and Truth; in all moments."

"I repair and fortify the Wei Chi of all my bodies; in all moments."

"I resonate and emanate Joy, Love, Abundance, Freedom, Health, Success, Security, Companionship, Creativity, Peace, Life and Wholeness, Beauty, Enthusiasm, Contentment, Spirituality, Enlightenment, Confidence, Family, Intellect, the ability to discern, and Truth; in all moments."

AWAKEN TO YOUR OWN EMPOWERMENT